

TECHNICAL GUIDE

Nilsbyen Race Weekend 2026

September 5 - 6, 2026



TRONDHJEMS VELOCIPEDKLUB

www.tvk.no



Technical Guide

Nilsbyen Race Weekend 2026

Date: Saturday 5 Sep to Sunday 6 Sep, 2026

Event Location: Nilsbyen terrengsykkelpark
Overlege Bratts veg 40
N-7026 Trondheim
NORWAY

Organization: Trondhjems Velocipedklub - TVK
Overlege Bratts veg 40, 7026 Trondheim
+47 48 08 02 01
www.tvk.no

Event's website: <https://www.tvk.no/nrw26/>

Class of Event: **XCO:** Elite Men and Elite Women – UCI Cat 1
Junior Men and Junior Women – UCI Cat 1
XCC: Elite Men and Elite Women - UCI Cat 3
Junior Men and Junior Women – Norwegian National cup

To be run under UCI Regulations.

National event including Youth and Masters will take place on the course in connection with the races.

Prize list: According to UCI rules, following prize money:

	Saturday		Sunday	
	XCO, UCI Cat 1		XCC, UCI Cat 3	XCC, Norgescup
Place	W/M Elite	W/M Junior	W/M Elite	W/M Junior
1	600 €	130 €	200 €	65 €
2	500 €	100 €	150 €	50 €
3	400 €	80 €	100 €	30 €
4	300 €	65 €	75 €	25 €
5	250 €	55 €	50 €	20 €
6	200 €	45 €		
7	150 €	40 €		
8	125 €	30 €		
9	100 €	25 €		
10	50 €	20 €		
Total	2 675 €	590 €	575 €	190 €
W&M Total	5 350 €	1 180 €	1 150 €	380 €



UCI Points scale:

Place	XCO, UCI Cat 1		XCC, UCI Cat 3
	W/M Elite	W/M Junior	W/M Elite
1	60	20	10
2	40	18	6
3	30	16	4
4	25	14	2
5	20	12	1
6	18	10	
7	16	8	
8	14	6	
9	12	4	
10	10	2	
11	8		
12	6		
13	4		
14	2		
15	1		

Race HQ: Nilsbyen terrengsykkelpark
Overlege Bratts veg 40
N-7026 Trondheim
NORWAY
License check, race numbers, secretariat, accreditation, press, anti-doping
Opening hours: Friday 18:00 – 20:00, Saturday 07:30 – 17:30,
Sunday 08:00 – 15:30.

Timekeeping: Electronic timing with transponders will be used for all riders. The transponders are placed on the back of the race numbers (subject to change).

Jury/Commissaries: President of the Commissaries Panel appointed by UCI: Fulvia Tosi.
Norwegian Cycling Federation announces additional commissaries.

Registration: Registration XCO: [Nilsbyen Race Weekend XCO](#)
Registration XCC: [Nilsbyen Race Weekend XCC](#)

Latest ordinary registration for UCI riders are Monday the 31st of August at 23.59. Late registration for double fee until Friday the 4th of Sep at 18:00.

Registration fee: For each race (XCO and XCC), these fees apply:

Category	Fee	Late entry
6-9	NOK 50,-	NOK 75,-
10-16	NOK 170,-	NOK 255,-
Junior	NOK 350,-	NOK 700,-
Elite (Senior)	XCO: NOK 450,- XCC: NOK 350,-	XCO: NOK 900,- XCC: NOK 700,-
Master/Sport	NOK 300,-	NOK 600,-



Team manager meeting:

For the Elite and Junior categories: Will be held in Race HQ, Saturday 11:15 (Women) and 15:00 (Men) and Sunday 11:15. For other classes: See Race program.

Race program:

Schedule Saturday XCO

Tidsplan for lørdag (NC10 Rundbane/XCO)

Klasse	Starttid	Løype	Start-søyfe	Runde-lengde	Antall runder	Total lengde	Forventet vinnertid	Vinner i mål	Premie-utdeling
Categories	Start time	Course	Start loop	Lap distance (km)	Laps	Total distance (km)	Expected winning time	Winner finishes	Ceremony
Trening i løypene fram til kl 08:45 begge dager Ingen ferdsel på sykkel i de deler av løypene hvor ritt pågår. Brudd på regler kan medføre disk (DQS)									
Lagledermøte kl 08:30									
W 6-7 and M 6-7	08:50	Green		0,7	1	0,7	00:05	08:55	Fortløpende etter hver klasse
W 8-9 and M 8-9	08:55	Purple		1,1	2	2,2	00:10	09:05	
W10 and M10	09:05	Purple		1,1	3	3,3	00:13	09:18	
Trening i blå løype (den delen som ikke ligger på stadion) fram til kl 09:20. I kjøreretning. Training in blue course (outside of the stadium area) until 09:20, in race direction.									11:10
M 11-12	09:30	Blue		2,9	2	5,8	00:22	09:52	
W 13-14	10:00	Blue		2,9	3	8,7	00:30	10:30	
W 11-12	10:02	Blue		2,9	2	5,8	00:22	10:24	
M 13-14	10:30	Blue		2,9	4	11,6	00:34	11:04	
Trening i rød løype fra ca 11:00 til 11:35, etter anvisning fra arrangør/kommisær. I kjøreretning. Training in red course from ~11:00 until 11:35, after the last rider, in the racing direction									
Lagledermøte / Team managers meeting at 11:15									
M15-16	11:45	Red		5,15	3	15,5	00:55	12:40	13:00
M Masters 30-34 and 35-39	11:50	Red		5,15	3	15,5	01:00	12:50	
M Masters 40-44 and 45-49	11:50	Red		5,15	3	15,5	01:00	12:50	
M Masters 50-54 and 55-59	11:50	Red		5,15	3	15,5	01:04	12:54	
M Master 60+	11:50	Red		5,15	3	15,5	01:09	12:59	
M Sport 17+	11:50	Red		5,15	2	10,3	00:41	12:31	
Trening i rød løype fra ca 12:40 til 13:15, etter anvisning fra arrangør/kommisær. I kjøreretning. Training in red course from ~12:50 until 13:15, after the last rider, in the racing direction									
W Elite	13:30	Red		5,15	4	20,6	01:16	14:46	15:00
W Junior	13:30	Red		5,15	3	15,5	01:01	14:31	
W 15-16	13:30	Red		5,15	2	10,3	00:41	14:11	
W Masters 30-34 and 35-39	13:30	Red		5,15	3	15,5	01:12	14:42	
W Masters 40-44 and 45-49	13:30	Red		5,15	3	15,5	01:12	14:42	
W Masters 50-54 and 55-59	13:30	Red		5,15	3	15,5	01:14	14:44	
W Master 60+	13:30	Red		5,15	3	15,5	01:16	14:46	
W Sport 17+	13:30	Red		5,15	2	10,3	00:44	14:14	
Trening i rød løype fra ca 14:45 til 15:20, etter anvisning fra arrangør/kommisær. I kjøreretning. Training in red course from ~14:45 until 15:20, after the last rider, in the racing direction									
Lagledermøte / Team managers meeting at 15:00									
M Elite	15:30	Red		5,15	6	30,9	01:36	17:06	17:15
M junior	15:33	Red		5,15	4	20,6	01:11	16:44	

Schedule Sunday XCC

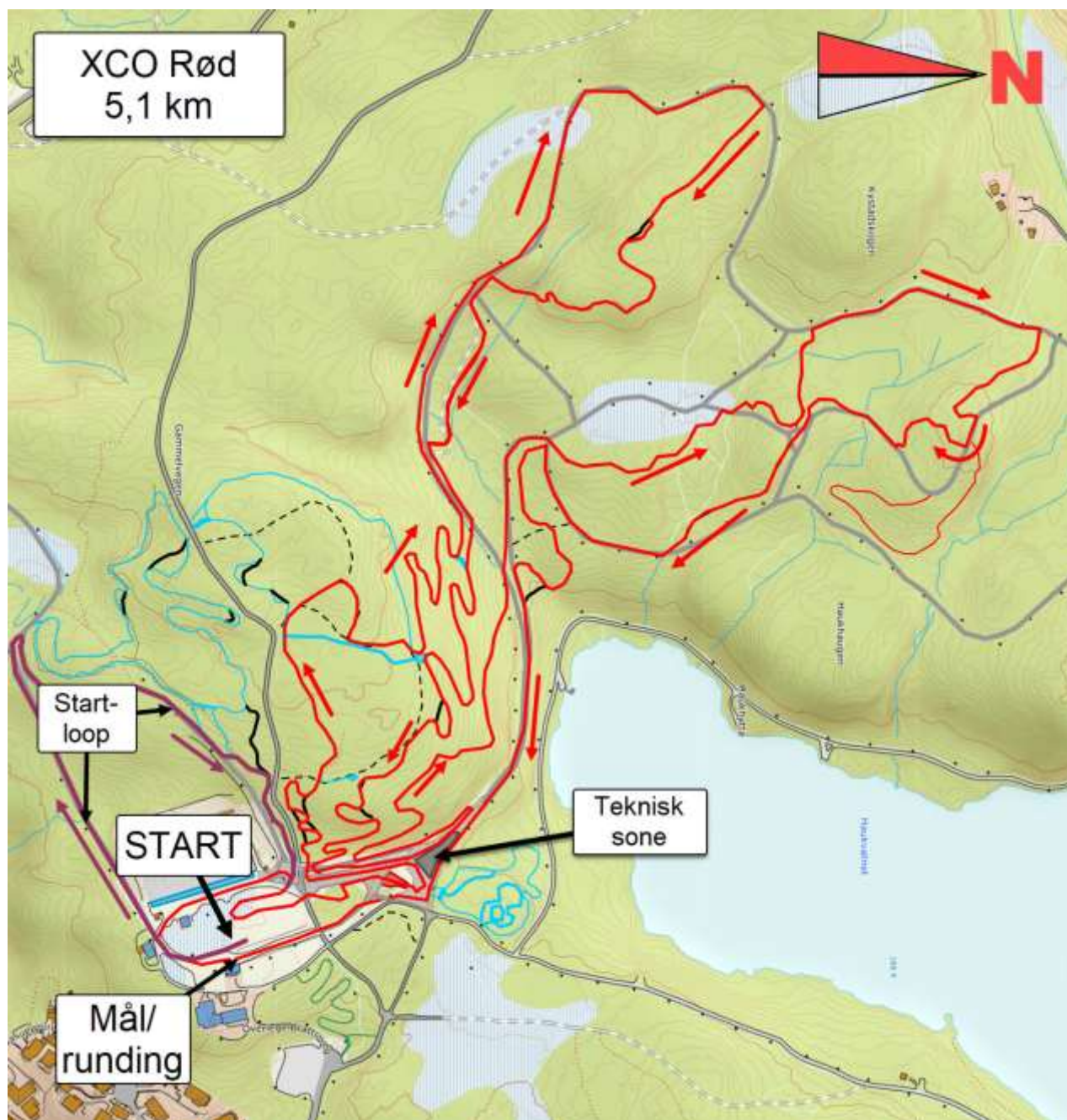
Tidsplan for søndag (NC11 Kortbane/XCC)

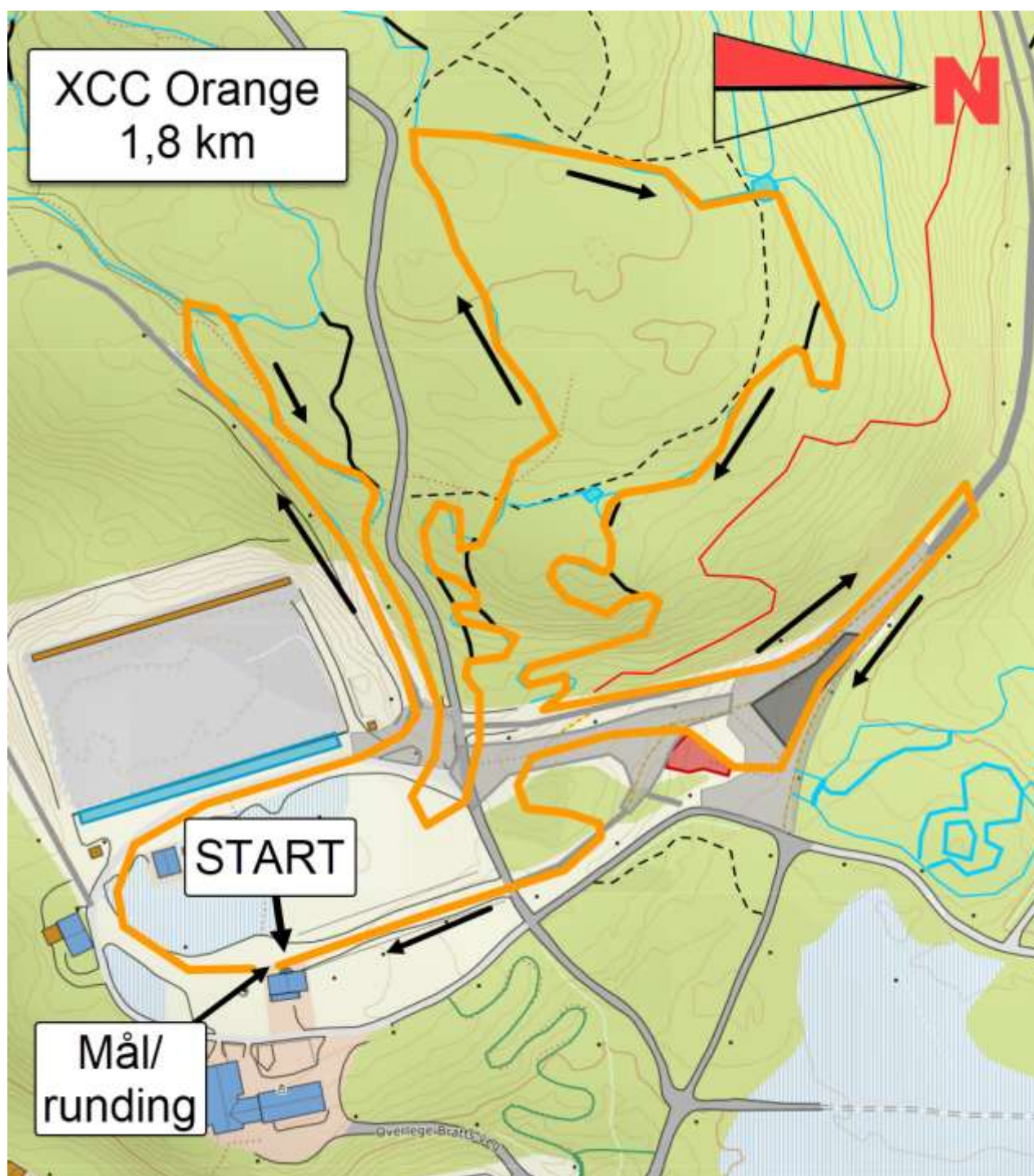
Klasse	Starttid	Løype	Start-sløyfe	Runde-lengde	Antall runder	Total lengde	Forventet vinnertid	Vinner i mål	Premie-utdeling
Categories	Start time	Course	Start loop	Lap distance (km)	Laps	Total distance (km)	Expected winning time	Winner finishes	Ceremony
Trening i løypene fram til kl 08:45 begge dager									
Ingen ferdsel på sykkel i de deler av løypene hvor ritt pågår. Brudd på regler kan medføre disk (DQS)									
Lagledermøte kl 08:30									
W 6-7 and M 6-7	08:50	Green		0,7	1	0,7	00:05:00	08:55:00	Fortløpende etter hver klasse
Trening i gul og oransje løype (den del som ikke sammenfaller med grønn løype) fram til kl 08:50.									
W 8-9 and M 8-9	08:55	Yellow		1,4	1	1,4	00:06:20	09:01:20	
W10 and M10	09:05	Yellow		1,4	2	2,8	00:11:00	09:16:00	
M 11-12	09:25	Yellow		1,4	2	2,8	00:09:40	09:34:40	
W 11-12	09:40	Yellow		1,4	2	2,8	00:10:00	09:50:00	10:00
Trening i oransje løype fra 09:55 til 10:25									
M 13-14	10:30	Orange		1,8	3	5,4	00:15:45	10:45:45	11:10
W 13-14	10:50	Orange		1,8	3	5,4	00:16:52	11:06:52	
Trening i oransje løype fra ca 11:05 til 11:35.									
Lagledermøte / Team mangers meeting at kl 11:15									
M15-16	11:40	Orange		1,8	4	7,2	00:17:15	11:57:15	12:10
M Masters 30-34 and 35-39	12:05	Orange		1,8	4	7,2	00:18:45	12:23:45	12:40
M Masters 40-44 and 45-49	12:05	Orange		1,8	4	7,2	00:18:45	12:23:45	
M Masters 50-54 and 55-59	12:05	Orange		1,8	4	7,2	00:20:15	12:25:15	
M Master 60+	12:05	Orange		1,8	3	5,4	00:16:19	12:21:19	
M Sport 17+	12:05	Orange		1,8	3	5,4	00:14:37	12:19:37	
Trening i oransje løype fra ca 12:30 til 12:55.									
Training in orange course from 12:30 until 12:55.									
W Elite	13:00	Orange		1,8	5	9,0	00:22:30	13:22:30	13:35
W Junior	13:00	Orange		1,8	4	7,2	00:18:45	13:18:45	
W 15-16	13:00	Orange		1,8	4	7,2	00:19:12	13:19:12	
W Masters 30-34 and 35-39	13:00	Orange		1,8	3	5,4	00:16:52	13:16:52	13:40
W Masters 40-44 and 45-49	13:00	Orange		1,8	3	5,4	00:16:52	13:16:52	
W Masters 50-54 and 55-59	13:00	Orange		1,8	3	5,4	00:17:26	13:17:26	
W Master 60+	13:00	Orange		1,8	3	5,4	00:18:00	13:18:00	
W Sport 17+	13:00	Orange		1,8	2	3,6	00:10:30	13:10:30	
Trening i oransje løype fra ca 13:20 til 13:55.									
Training in orange course from 13:20 until 13:55.									
M Elite	14:00	Orange		1,8	6	10,8	00:22:30	14:22:30	15:05
M junior	14:30	Orange		1,8	5	9,0	00:20:49	14:50:49	

Courses:

Course maps for XCO and XCC for UCI classes.

For other classes, see <https://www.tvk.no/nrwloyper26/>







Race Committee

Role	Name	Email	Phone
Race Director	Gjermund Jakobsen	gclemjak@gmail.com	+47 915 67 900
Assisting Race Director	Ola Resell	tvk@tvk.no	+47 480 80 201
Course Manager	Anders Jernberg	anders.jernberg@ntebb.no	+47 915 63 756
Arena Manager	Håvard Nygaard	havardnygaard@gmail.com	+47 917 93 078
Press and information	Erlend Skjerseth Stensø	erlendss@gmail.com	+47 951 04 310
Race Office	Knut Hergot	knut.hergot@gmail.com	+47 905 06 761
Registration and Timing	eQtiming / Jostein Tofte	support@eqtiming.no	+47 611 59 020
Kiosk	Linda Stenhaug	linda.stenhaug@gmail.com	+47 913 79 181
Ceremony	Morten Sæterhaug	morten.saeterhaug@gmail.com	+47 911 03 874
Doctor	Brage Amundsen	brageha@gmail.com	+47 995 21 496
Marshal Manager	Harald Løvdal	lovdal@ntebb.no	+47 922 36 840
Traffic and parking	Svein Ove Eimhjellen	svein.ove.eimhjellen@gmail.com	+47 992 57 602

Commissaires

Role	Name	Email	Phone
PCP - UCI	Fulvia Tosi	fulvia.uci@gmail.com	+39 339 380 2260
APCP	Tore Elvedal	elvedal.tore@gmail.com	+47 402 37 546
Commissaires' Panel	Morten Sæterhaug	morten.saeterhaug@gmail.com	+47 911 03 874
Commissaires' Panel	Kari Eldby	kari.eldby@online.no	+47 950 83 739
Assistant Commissaire	Bertil Sletta	bsletta@gmail.com	+47 418 14 420
Assistant Commissaire	Gerit Pfuhl	gerit.pfuhl@gmail.com	+47 986 62 518

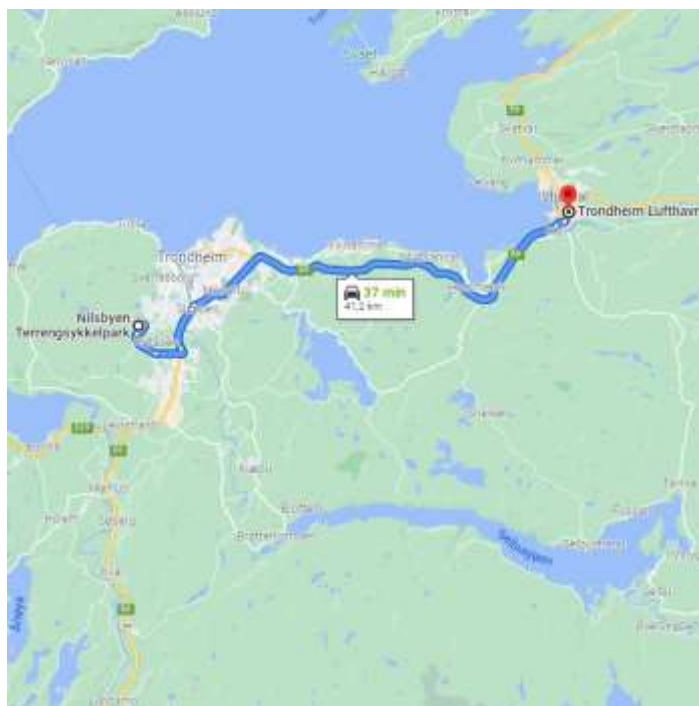
Nearest Airport: Trondheim Lufthavn, Værnes, 40km, 40 min
Nearest Railway station: Trondheim S, 11 km, 18 min
Nearest Hospital: St. Olavs hospital, +47 72 57 30 00, 9 km, 18 min
Accommodation: (to be decided)



How to get to Trondheim

In Google Maps: Search for “Nilsbyen terrengsykkelpark”, [link](#).

From Trondheim Airport Værnes (TRD) by car, appr. 40 minutes:



From Oslo by car, appr. 7 hours:

